Human rights in women victims of sexual violence in the armed conflict: A systematic review

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ABSTRACT
The purpose of this article was focused on analyzing the adjacent factors related to human rights in women victims of sexual violence in the context of the armed conflict. The quantitative method of descriptive approach was selected under the systematic review technique using the PRISMA guide. As a result, it was obtained that women continue to be instrumentalized in wars, their physical and psychosocial vulnerability persisting in all spheres of life; This being a phenomenon that continues to grow globally given the characteristics associated with political, social and religious structures. As a conclusion, it was identified that, although there are jurisprudential guidelines and policies, these are insufficient and do not protect the human rights of women victims.

Keywords: Human rights, Women, Victims, armed conflict
Derechos humanos en mujeres víctimas de violencia sexual en el conflicto armado: Una revisión sistemática.

RESUMEN

El propósito de este artículo estuvo centrado en analizar los factores adyacentes relacionados con los derechos humanos en las mujeres víctimas de la violencia sexual en el marco del conflicto armado. Fue seleccionado el método cuantitativo de enfoque descriptivo bajo la técnica de revisión sistemática utilizando la guía PRISMA. Como resultados se obtuvo que las mueres siguen siendo instrumentalizadas en las guerras, persistiendo su vulnerabilidad física y psicosocial en todas las esferas de la vida; siendo este un fenómeno que sigue creciendo a nivel global dada las características asociadas a las estructuras políticas, sociales y religiosas. A modo de conclusión se identificó que, si bien existen lineamientos y políticas jurisprudenciales, estas son insuficientes y no protegen los derechos humanos de las mujeres víctimas.

Palabras clave: Derechos humanos, Mujeres, Víctimas, conflicto armado

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INTRODUCTION
The restoration of rights in human beings has become a highly relevant issue throughout history, as mentioned by Blanco et al (2021). This is how in the evolution of the recognition of rights, various manuscripts were generated with the intention of abolishing slavery and other forms of impairment of human dignity. However, the demonstrations of power, evidenced through wars, ideologies, invasions and conquests, have left an indelible mark on humanity, which in addition to causing havoc at the sociopolitical level, also affect the integrity and dignity of the subjects, in especially to the most vulnerable populations or segments, in which women are included (Campbell et al., 2019).

It should be noted that, in this population, a problem with great affectations is sexual violence generated in the framework of armed conflicts in the world, as indicated by Aldave-Orzaiz (2020) considering this as a weapon of war that began to become visible in the 1990s internationally in different regions of Africa, with approximately 200,000 women victims as stated Thulin et al., (2020). It also stands out how this aberrant practice became a mechanism used to generate terror and gain control in the most vulnerable communities (Anania, 2022).

Although for the United Nations, the defense and promotion of Human Rights, in gender issues, lies in promoting equality, as well as eradicating any form of discrimination, it is appreciated how the role of women in society has been characterized by spaces of invisibility, subjugation, exploitation and deficiencies, which limit their fulfillment as a human being, as stated by Santis-Vellojín & Mira-González, (2021). Therefore, being violated in their rights, forgetting that these correspond to all without any distinction as they are inalienable and tend towards the recognition of human dignity, understood as the respect that any subject deserves without any distinction as they affirm. Carrillo et al., (2020). It is necessary to understand and analyze these violations, from a differential gender approach that recognizes the particularities of the violence of which women are victims, especially those that are used as control mechanisms, not only of the bodies, but also of territories and communities, from hegemonic and patriarchal perspectives.
According to Kreft, (2020) in the case of Colombia, where for decades a high percentage of its inhabitants have had to suffer the consequences of the armed conflict, which has its roots in the struggle for political power, as well as in the purchasing power of the land, with the emergence of groups outside the Law that, in their eagerness for recognition and the need to transmit messages of rejection to the governments in power, have subjected countless women, especially in the most vulnerable regions, including girls, adolescents, mothers, wives, without any distinction, and without recognizing the affectations generated in the subjects by causing the maximum expression of humiliation and violation of their privacy. For all these reasons, sexual violence against women victims of armed conflict has been considered a crime against humanity. (Buitrago-Echeverry, 2021).

In that order, according to the single registry of victims (Registro Único de Víctimas - RUV, 2020), to date there is a victim population of the armed conflict that exceeds 9 million people, of which more than 4 million victims are women, where approximately 32.2% of the rapes were perpetrated by paramilitary groups, and 31.5% by guerrilla groups. This, in addition to generating terror, increased forced displacement and, in more aberrational cases, the prolonged control of their bodies, as a strategy to control populations and territories, caused by beliefs related to patriarchal culture, where the right to sexuality and women’s bodies (Mora-Gámez, 2016).

It should be noted that this practice, characterized by being invisible and silent, with no possibility of being denounced or recognized by the perpetrators at the time of expressing their crimes, added to the misunderstanding of the control bodies, in addition to a society that judges and stigmatizes the victims, to the level of finding the victim guilty for not having resisted or taking her as the cause of the violent act, which causes feelings of guilt in the victims, rejection by their environment and society; as well as continuous threats from their victimizers (Ministry of Health and Social Protection, 2018).

In this sense, the Constitutional Court has recognized that within the framework of the armed conflict, practices, forms and narratives of gender-based violence have been produced and reproduced, which take women as objects within the confrontation, or as channels of control, based on the fact that acts of sexual violence are framed in a context
of discrimination and structural gender violence, taking advantage of the situation of inferiority and devaluation to which women have been subjugated within social and cultural practices and forms, normalizing the forms of violence of which they are victims (Tibaná et al., 2020).

As established by the Constitutional Court of Colombia, (2017), in Judgment T-718 of the same year, sexual violence against women is based on a conception of biological inferiority, which has been reproduced in various intersubjective spheres in society, being the highest expression of all forms of discrimination against women. Where "sexual violence is a form of gender violence, not only because women are the most affected, but also because sexual violence is part of a highly discriminatory context against them."

In this context, it is important to highlight, from what was conceptualized by the Constitutional Court, that, in the face of victims of sexual violence in the framework of the armed conflict, not only individual reparation proceeds, to which they are fully entitled due to the victimizing acts, but a new category of collective reparation arises aimed at repairing “those damages suffered by a collective subject. For this reason, the measures that seek reparation for collective subjects must be projected to the community, have a symbolic character or consist of measures of satisfaction.

Likewise, the Constitutional Court of Colombia (2011) in Judgment T-2011 of 2019, it reiterated the nature of a matter of constitutional relevance, in the face of violations of the rights of women victims of the armed conflict, cases in which differential treatment and prevailing constitutional protection are required, recognizing that from international law a differential approach is promoted, based on the recognition of the historical conditions of discrimination based on gender, and therefore, of the different kinds of violence that are inflicted on women just for being women, that it worsens when their helpless circumstances are taken advantage of.

By defining sexual violence in the words of Bustamante & Restrepo (2017) this can be considered as that aggressive behavior that a subject performs without the approval and will of the other person, causing their dominance and control; with the purpose of carrying out the sexual act, thus violating their integrity, their physical, moral and
psychological condition, therefore it is a public health problem considered from the organization of the united nations(UN Women, 2016).

Within the framework of international law, some of the obligations of the States aimed at guaranteeing and safeguarding the rights of women are established, from a differential gender approach, finding as the main instrument at the regional level the Convention on the elimination of all forms of discrimination against women (1976), which imposes on States the task of taking all measures aimed at eliminating prejudices and stereotyped roles for men and women, discrimination based on gender and all forms of violence(United Nations Organization, 1979).

Likewise, from the General Recommendations of the Committee for the Elimination of Discrimination against Women, the adoption of preventive and punitive measures is promoted that seek the eradication of all forms of trafficking in women and sexual exploitation, effectively protecting women from all mistreatment and forms of sexual violence and harassment, reducing impunity and maximizing access to justice in real and effective terms, in cases of violation of these rights(United Nations, 2019).

At a global level, from the Rome Statute of the International Criminal Court, acts of sexual violence are recognized as crimes against humanity, when they are carried out within the framework of strategic, generalized and systematic plans, as a form of control and strategy. of war in the midst of the conflict (or outside of it), recognitions also enshrined in instruments such as the Protocol to prevent, suppress and punish trafficking in persons, especially women and children (2000-2004), of the United Nations General Assembly, resolutions 1820 of 2008, 1888 and 1889 of 2009 and 1960 of 2010 of the United Nations Security Council.

In this sense, just as the International Criminal Court considers the practice in question as a war crime, since it affects the physical integrity and health of the victim, as well as the violation of sexual and reproductive rights, the regional instruments and national, seek to minimize sexual violence and its ravages through the entry to justice entities in a timely manner, also guaranteeing the required care in terms of physical and mental health(Gallegos-Pazmiño, 2020)
Continuing with the analysis of the main affectations in the violation of the human rights of women victims of the armed conflict, it is considered appropriate to recognize life experiences and close gaps that guarantee complaints, timely attention, as well as the restoration of traces and scars that prevent the full enjoyment of rights and decent living conditions. Although an important advance is denoted through the scenarios that promote the clarification of the truth, this being an opportunity to find peace and reconciliation, it is necessary to join efforts to guarantee the restoration and timely enjoyment of their rights. (Mogollon, 2017).

In relation to the above, the National Mental Health Survey (2015) published the existence of significant clinical symptoms in 63% of the population of women victims of the armed conflict, where 33% of them met the criteria for the diagnosis of mental disorders. It is noteworthy that, ten years after the occurrence of the victimizing events, there was evidence of an increase in the severity of the symptoms, reaching 87.7%. What has been expressed shows repercussions of a psychopathological type related to anxiety, post-traumatic stress disorder and depression, as well as alterations in functioning in daily life. (Gómez-Restrepo et al., 2016).

Meanwhile, other studies report the great impact that sexual violence can have on the development of the life cycle, specifically causing higher risks of psychiatric disorders, bipolar disorder, panic disorder, and increased major depression in women, as indicated by Hernández-Flórez et al., (2012). In other cases, sleep disturbances, night terrors, and affectations in the presence of emotions and the recollection of visual and olfactory memory perceived during the event have been reported. The above evidences brain alterations in the areas of the hypothalamus and the brain stem as mentioned by Garcia et al., (2013). In that order, it is highlighted that victims lacking timely psychosocial attention can increase the experience of the presence of depressive episodes, blockage in their emotions and conflicts in their family nucleus.

What are the main effects of the violation of human rights in women victims in the armed conflict?

METHODOLOGY
The methodology used in the development of this research is a quantitative approach of bibliometric design, which was carried out through the PRISMA statement, which focuses on articulating the systematic reviews of the articles that have been carried out by researchers in the disciplinary field, generating a compilation and synthesis of the state of updated knowledge on the subject. For this, the Boolean equations that generate a greater search spectrum were used in a precise way, taking into account the variables stipulated in the study and through which three categories of analysis were generated: violation of human rights, sexual violence, and victimology in the context of the armed conflict (Grijalva et al., 2019).

The sampling unit was made up of 52 scientific articles that presented the results of research advances on the subject of human rights in women victims of the armed conflict. With which, the updated documentation was consolidated taking the last five years as an observation window, reflecting the contributions from scientific evidence and contributions to science.

**Inclusion criteria**

Studies that included the variables of female victims and the intersection with the framework of the armed conflict were selected, taking into account the publications in Spanish and English that were carried out from 2018 to 2022. Quantitative and qualitative studies were included that generated a report of results in indexed journals.

**Exclusion criteria**

Studies that had been published as book chapters, medical reports, gray article reviews, case studies, clinical cases, and investigations that did not include the operationalization of the two study variables were excluded, and results that were outside the range were discarded. the observation window.

**search strategy**

The search for information was carried out in scientific databases that within the repositories that included the operationalization of the variables, filtering the information, by observation windows, study typologies and the publications that describe
in a specific way, clear the contributions within each study taking into account the information related to human rights and women victims in the armed conflict.

Table 1. Information search terms

| Human rights and women and victims or sex offenses and violence not men and armed conflicts and Conflict-related or womans and crime victims or victimizing not children and woman or sexual violence or offenses not review literature and sex or victimizer and female or humans. Vulnerability human and womans or victimizations and sex or armed and sexual violence not topic and human rights and womens or violence and discrimination or affect and independence struggles or combat not suicide missions and related or humanitarian law not needs and women and violated or protected not activist. Situations and women and conflict or human and rights not girls and violence gender or including and sex not reproductive and predominantly and women or human rights not peacebuilding and sexual violence and gender or process not adapted. |

The Boolean equations approach was carried out, which served to specify the search in databases such as web of science, pubmed, and elservier, which were used by means of Boolean operators, which are observed more widely in Table 2, then the documents containing the studied variables were selected.
### Table 2

**search equations**

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<tr>
<th>Databases</th>
<th>Equations in the database</th>
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<td>web of science</td>
<td>Human rights and women and victims or sex offenses and violence not men and armed conflicts and Conflict-related or women's and crime victims or victimizing not children and woman or sexual violence or offenses not review literature and sex or victimizer and female or humans violence gender or including and sex not reproductive and predominantly and women or human rights not peacebuilding and sexual violence and gender or process not adapted.</td>
</tr>
<tr>
<td>pubmed</td>
<td>Vulnerability human and women's or victimizations and sex or armed and sexual violence not topic and human rights and women's or violence and discrimination or affect and independence struggles or combat not suicide missions Conflict-related or women's and crime victims or victimizing not children and woman or sexual violence or offenses not review literature or situations and women and conflict or human and rights not girls or women's and crime victims or victimizing not children and woman or sexual violence or offenses not review literature and sex or victimizer and female or humans.</td>
</tr>
<tr>
<td>elsevier</td>
<td>human rights and women's or violence and discrimination or affect and independence struggles and women and violated or protected not activist. and violence gender or including and sex not reproductive and human rights and women and victims or sex offenses and violence not men and armed conflicts and Conflict-related or women's and crime victims or victimizing not children</td>
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Table 3.
Search term crossovers in databases

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<th>elservier</th>
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<td>2621</td>
<td>1034</td>
<td>5711</td>
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<tr>
<td>“violence gender” or “including” and “sex” not “reproductive” and “human rights” and “women” and “victims” or “sex offenses”</td>
<td>1745</td>
<td>1934</td>
<td>1378</td>
<td>5057</td>
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<tr>
<td>Total</td>
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<td>6,339</td>
<td>5,190</td>
<td>19,652</td>
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Data extraction

Table No. 4
Item identification, removal and selection process

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<th>do not comply Criteria</th>
<th>Selection</th>
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<td>web of science</td>
<td>8884</td>
<td>7218</td>
<td>6328</td>
<td>5414</td>
<td>22</td>
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### RESULTS AND DISCUSSION

Sexual violence against women due to the armed conflict has included girls, adolescents, adult women and older adults, a situation that has generated analysis from the narratives that allow visualizing the psychological, physical and psychosocial sequelae in the victims of this crime and their forms of violence. In this sense, the damages caused have begun to become visible and are becoming relevant from disciplinary fields of action such as law, psychology, social and human sciences, which are committed to the study of behavior, causes and consequences at a psychological level, as well as the restoration of their rights in the context of coping with situations of violence experienced (Masson et al., 2019). Therefore, part of the analysis raised focuses on the comprehensive reparation of women victims who have been affected in their human rights, through these forms of violence widely used as control tools in the framework of the internal armed conflict, where each State has the obligation to provide aid, humanitarian attention, comprehensive reparation and guarantee for the enjoyment of rights, through the measures provided to compensate the damage suffered, through a comprehensive and differential approach that is condensed in psychosocial care as established in the

| “Vulnerability human” and “womans” or “victimizations” and “sex” or “armed” and “sexual violence” not “topic” | web of science | 5711 | 4219 | 3874 | 3427 | 19 |
| “violence gender” or “including” and “sex” not “reproductive” and “human rights” and “women” and “victims” or “sex offenses” | web of science | 5057 | 4891 | 3647 | 2856 | eleven |

| Total | 19652 | 16,328 | 13,849 | 11,697 | 52 |
resolution 4886 of 2018, through which the National Mental Health Policy was adopted, in which the prioritized actions and approaches of the Colombian State are reflected, to respond to public problems in the matter, and in which, in turn, faced with sexual and gender-based violence, it recognizes its specificity, the ways in which human dignity is undermined, and plans the need for actions without harm that seek guarantees of non-repetition and satisfaction on the part of the victims, beyond punitive measures. as to the punishment of his aggressors (Basar et al., 2019).

From the contributions of psychology on the subject of sexual violence, it has been possible to identify that this is a growing phenomenon due to the receipt and increase in requests for psychological assistance to victims of this crime, within which identified that the pathologies present in the victims are comorbidly related between anxiety, depression and post-traumatic stress disorder, mainly, as well as the appearance in some cases of episodes of bipolar disorders, in their manic states where there is a greater presence of euphoria and irritability that leads to the appearance of suicidal ideation; In this same scenario, during the depressive episode, they present less behavioral inhibition within the central nervous system and a greater appearance of a suicidal structure. (Daruwalla et al., 2019).

For its part, victimology from its work facilitates the analysis of the characteristics from the victims, finding in them the presence of a highly vulnerable population, with unsatisfied basic needs and victimological profiles associated with conditions of poverty, social exclusion, low educational rates and a strong tendency to perpetrate criminal acts from rural areas with a higher prevalence than urban ones. Placing in this context the conditions that generate greater processes of exclusion, affronts and impairments to human dignity and the constant violation of procedural and substantial guarantees of human rights (Htun & Jensenius, 2020).

Figure 1. Flowchart of the study selection process
Hernández-Flórez, N., Arguello-Rueda, J., Lhoeste-Charris, A., Martínez-Gómez; I., Ortiz-González, A., Orozco-Santander, M., González-Martelo, V.
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<th>Qualification</th>
<th>Country</th>
<th>Data collection Location</th>
<th>study instruments</th>
<th>methodological procedure</th>
<th>Prevalence of sexual violence</th>
<th>contributions</th>
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<tr>
<td>1</td>
<td>(Ellsberg et al., 2021)</td>
<td>“If You Are Born a Girl in This Crisis, You Are Born a Problem”: Patterns and Drivers of Violence Against Women and Girls in Conflict-Affected South Sudan</td>
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<td>South Sudan</td>
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<td>Sexual abuse and violence within marriage, little respect for women’s rights</td>
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<td>two</td>
<td>(Green et al., 2022)</td>
<td>“Most of the cases are very similar.”: Documenting and corroborating conflict-related sexual violence affecting Rohingya refugees</td>
<td>USA</td>
<td>bangladesh</td>
<td>Observation and interviews</td>
<td>N=26 interviews with health workers who worked with refugees</td>
<td>Sexual violence, cultural pressure and armed conflict</td>
<td>Conflict-related sexual violence</td>
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<td>(De Oliveira Araujo et al., 2019)</td>
<td>Prevalence of sexual violence among refugees: a systematic review</td>
<td>Brazil</td>
<td>globally</td>
<td>Systematic review of existing data</td>
<td>Records and reports of women of any age who are victims of sexual violence</td>
<td>Sexual violence and armed conflict</td>
<td>Prevalence of sexual violence</td>
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<td>(Murphy et al., 2021)</td>
<td>Risk and protective factors for GBV among women and girls living in humanitarian setting: systematic review protocol</td>
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<td>Intervews and evaluation through the GRADE system</td>
<td>Records and reports of women and girls in conflict or humanitarian situations settings</td>
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<td>5</td>
<td>A Qualitative Study of Women's Lived Experiences of Conflict and Domestic Violence in Afghanistan</td>
<td>England, Kabul, Afghanistan</td>
<td>Observations and Research</td>
<td>20 interviews with women located in safe houses due to domestic violence</td>
<td>Sexual, gender, domestic violence and armed conflict</td>
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<td>7</td>
<td>Breaking the Spell of Silence: Collective Healing as Activism among Refugee Male Survivors of Sexual Violence in Uganda</td>
<td>USA, Uganda</td>
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**References:**
- Mannell et al., 2021
- Melendez et al., 2018
- Edstrom & Dolan, 2018
- Webster et al., 2019
- Simalchik, 2021
- Buitrago-Echeverry, 2021
### Human rights in women victims of sexual violence in the armed conflict: A systematic review.

<table>
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<td>Records and reports of women who have suffered violence in the conflict</td>
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<td>Moncayo et al., 2021</td>
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**References:**
- Meagher et al., 2021
- Capasso et al., 2021
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The abilities to face violence and conflict from a perspective of positive reinterpretation
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Category analysis

Violation of human rights in the armed conflict

The violation of the Human Rights present in the female victims is configured from the lack of protection of these, the coercion to the free development of the personality, the economic and social inequality, generalized in some cultures such as Arabs and Africans, and through cultural practices persistent within the Colombian national territory, which are reproduced within patriarchal societies of macho behavior, these being the main reports found in the review carried out. Likewise, it was identified that sexual violence in the midst of the armed conflict is one of the main axes of violation due to the fact that women are used as an instrument of war and control, which is evidenced in the violation of their integrity and, therefore, of their sexual and reproductive rights.

An aspect reflected in the analysis of the results of the systematic review indicates that a violation of fundamental rights prevails that are related to receiving comprehensive medical care, quality educational coverage and psychological care in the face of sexual assaults, and even more relevant, the lack of access to comprehensive and transformative justice, which, among other causes, is based on the absence of criminal complaints, due to fear, intimidation and threats against life and integrity. These facts that have been denounced by some victims have affected dignity and constitute difficulties for the restoration of rights, generating omissions and scenarios of impunity, even in cases in which the most backward crimes concur, added to sexual violence.

Sexual violence in the armed conflict

Sexual violence against women in the framework of the armed conflict constitutes an alarming problem, due to the incidence and prevalence of sexual crimes, and the evidence that it has constituted a widely used practice, which is corroborated in high records and number of victims per victimizing act. Likewise, it can be noted that sexual violence is an expression of war, a mode of frequent practice in armed conflict, which brings with it unwanted pregnancies, frequent forced abortions and other types of...
Human rights violations and attacks against integrity and the body of women, being a tool for the control of communities and territories in certain areas and their inhabitants,

Sexual violence has left scars in the lives of the victims, especially women, who were instrumentalized in the war as an object of exchanges and desires; taken as spoils of war; where their voices have been silenced since the exercise of power of the illegal armed groups in the territory; The truth is that there is no real record of this situation given the fear and fear of many women in denouncing the violent acts experienced in the midst of a conflict that has dehumanized their lives and dignity; demonstrating that the victims do not have the necessary tools for an effective intervention from the psychological point of view, despite being a human right.

Finally, sexual violence in the midst of the conflict is configured as a fact that is difficult to detect and attend to, since the victims are in a high degree of vulnerability and stigmatization in the context of the armed confrontation; In this sense, historically the ideas of power, patriarchy and subjugation of women have contributed to the complex process of recognition, prosecution, attention and reparation. The foregoing shows that there is a state vacuum since the implementation of the public policy of attention to victims of the conflict, under a differential, gender and rights approach.

**Victimology of women in the armed conflict.**

The armed conflict with respect to women has been established as a mechanism of domination and power, affecting through unequal instruments and practices within the framework of the conflict, which are part of the patriarchal particularities already established in society. This leads to the development of a range of victimizing events, among which are sexual abuse, and where, despite the progress in the conquest of rights, practices such as sexual slavery persist, all of this, related to death, massacres and torture, being procedures and forms of warfare of the groups involved in the armed conflict.

One of the binding elements in the victims is the relational fact that women have conditions of psychosocial vulnerability due to the marked presence of conditions of poverty, economic deprivation, previous victimization due to various acts of violence, low educational levels, conditions of inequity of gender and social factors that from the perspective of public health, generate an increase in the precipitating factors to the increase in the rates of sexual violence perpetrated by illegal groups outside the law, it being important to mention that from sexual and reproductive health there are unwanted pregnancies, sexually transmitted diseases and gynecological trauma in general.

In the same way, girls and adolescents who have been victims of sexual violence, from the perspective of mental health, usually present decreased somatic symptoms in the face of the aggression but which over time are exacerbated, presenting pathologies such as depression, anxiety, sleep difficulties, and suicidal behaviors. Likewise,
behavioral disorders related to drug and alcohol abuse may occur, as a result of high-risk behavior caused by sexual assault, presenting as consequences the appearance of comorbid problems at the mental level where the most frequent is suicide.

DISCUSSION

The majority of women who have been victims of the armed conflict, show a violation of fundamental and human rights, limiting the opportunities to have recognition within society, due to the minimization and sexual exploitation of which they have been subjected, to the situations caused by the practices of war within the different cultures that present greater affronts against women, constituting an amalgam of conditions for the impairment of sexual freedoms, and in general, of the rights of women, a situation that is taken advantage of by armed actors, to continue committing crimes and exercising control, outside of human rights regulations.

In this way, women who have been violated in the framework of the armed conflict have been exposed to a number of consequences from the psychological point of view that cause a detriment in the conditions of mental well-being as well as in the perceived quality of life, since the existence of traumas without remission of symptoms and without the professional attention required for these cases, leads to the persistence of adjacent factors being linked to the appearance of new mental illnesses that require a new intervention approach in the area of health, since their exposure is a binding element in the constitution of the chronicity of psychological affectations.

As a result of the above, sexual violence leads to victims within the medium and long-term sequelae may experience aversive situations, cognitive distortions, automatic thoughts that involve the criminal act, because all this was generated against his will. Therefore, the conditions of a psychotherapeutic process with greater chances of success decrease, since it was identified in the systematic review that the mutilations of the genital organs as well as the cutting, sexual slavery and rape by many aggressors, Through the registered massacres and the commission of homicides, they present greater risks of psychological and social exclusion because their body was used as a weapon of war,

On the other hand, the victims have presented lacerations in their bodies, gynecological complications, presence of sexually transmitted diseases, especially acquired immunodeficiency virus, as well as unwanted pregnancies that trigger feelings of guilt, accusations by society, psychological difficulties, product of the effects related to post-traumatic trauma, which leads to the presence of conditions of self-isolation, distrust and recrimination towards themselves and towards others within the differential behaviors. Added to the above, it is worth mentioning in a fundamental way that in the affective area they generate a rejection of the establishment of relationships that involve feelings, since they relate all the facts with the traumatic event,

CONCLUSIONS
As a result of the aforementioned, it can be concluded that, in terms of human rights in the face of sexual violence against women that has occurred historically, it has been identified that the conditions of discrimination, annulment before society, detriment of dignity and sexual instrumentalization, continue to be present in Arab countries, Asia, Latin America, and particularly Colombia. States that have not provided the guarantees of protection necessary to guarantee the rights of women and strengthen a reparation system that allows them to reintegrate into society, under the structuring of life prospects in the social, economic, educational and psychological.

On the other hand, the effects on mental health continue to increase despite the fact that they are addressed under the guidelines of public policies, a situation that has generated an estimate of the problem based on the testimony of girls and women who have survived the perpetration of this crime. Finding that having been a victim of sexual assault, torture, kidnapping, humiliation, are risk factors that focus on the appearance of mental problems, bringing consequences for comprehensive health, such as suicide, depression, anxiety, post-traumatic stress disorder, as well as the presence of eating disorders and developing behaviors prone to drug and alcohol abuse.

Finally, the most vulnerable women from the psychosocial point of view tend to have a greater tendency to be victims of sexual violence in the midst of the armed conflict, because situations linked to economic, social and psychological deficiencies generate a greater emotional impact. Which is used by the aggressors and perpetrators of human rights violations, who in many cases go unpunished because due and adequate attention is not paid to the surviving victims; some of them do not report due to threats and cultural issues, as observed in the systematization, which happens in Arab countries, where women are used in servile conditions.

**RECOMMENDATIONS AND LIMITATIONS**

Although the present study did not allow the approximation of the programs and plans related to psychosocial care, psychosocial accompaniment, psychosocial intervention; Yes, it is identified that it is an important line to review, as a starting point in the reorientation of alternatives for the reparation of women victims of sexual violence of the armed conflict, being also a limitation of the present study; however, it allowed the
identification of gaps in relation to the constructs related to the link between the variables studied and the dignity of women in synergy with the area of law and psychology.

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